

A top-down view of a smoothie bowl. The bowl is filled with a light blue smoothie. Toppings include fresh raspberries, blueberries, sliced mango, and pieces of dragon fruit. The bowl is set against a white background.

the berry
company



❧ SUPERFOOD ❧
SMOOTHIE BOWL



SUPERFOOD SMOOTHIE BOWL

JUST BECAUSE IT'S BLUE, DOESN'T MEAN IT'S MOODY!

LIST <i>of</i> INGREDIENTS	
SERVE IN A COUPE GLASS	A SPLASH THE BERRY COMPANY BLUEBERRY JUICE
	2 FROZEN BANANAS
	HANDFUL FRESH BLUEBERRIES
	1/2 CUP FROZEN PINEAPPLE
	5 MACADAMIA NUTS (CHOPPED)
	1 TSP BLUE SPIRULINA
	TOPPINGS MACADAMIA NUTS, PUFED QUINOA & DRIED DRAGON FRUIT

Add all ingredients to a blender and blend still smooth. Transfer to your serving bowl and decorate with your choice of fruit and nuts – we like macadamia nuts, puffer quinoa and gently dried dragon fruit.

ENJOY

REPEAT

@SNACKX4ME FOR THE BERRY COMPANY