

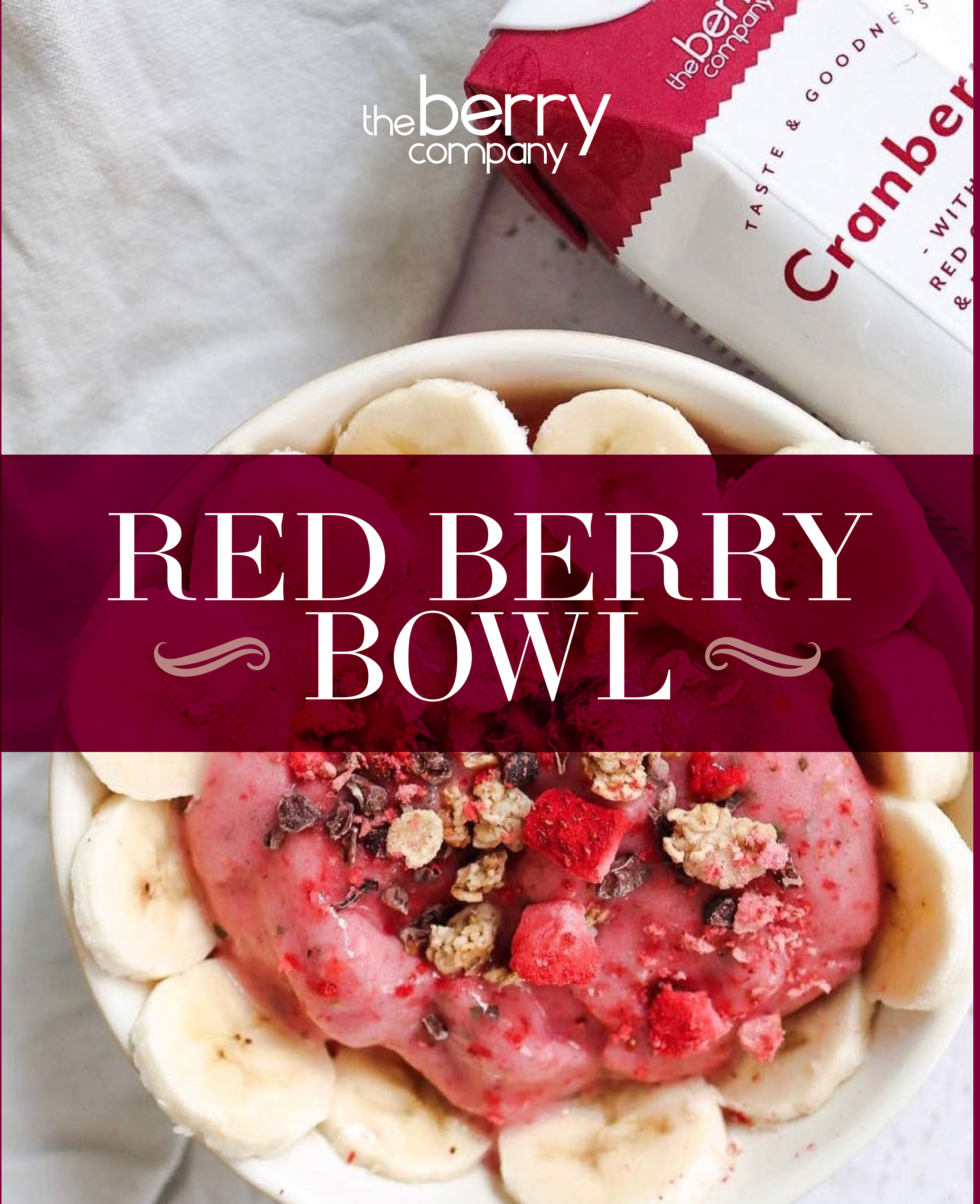
the berry
company

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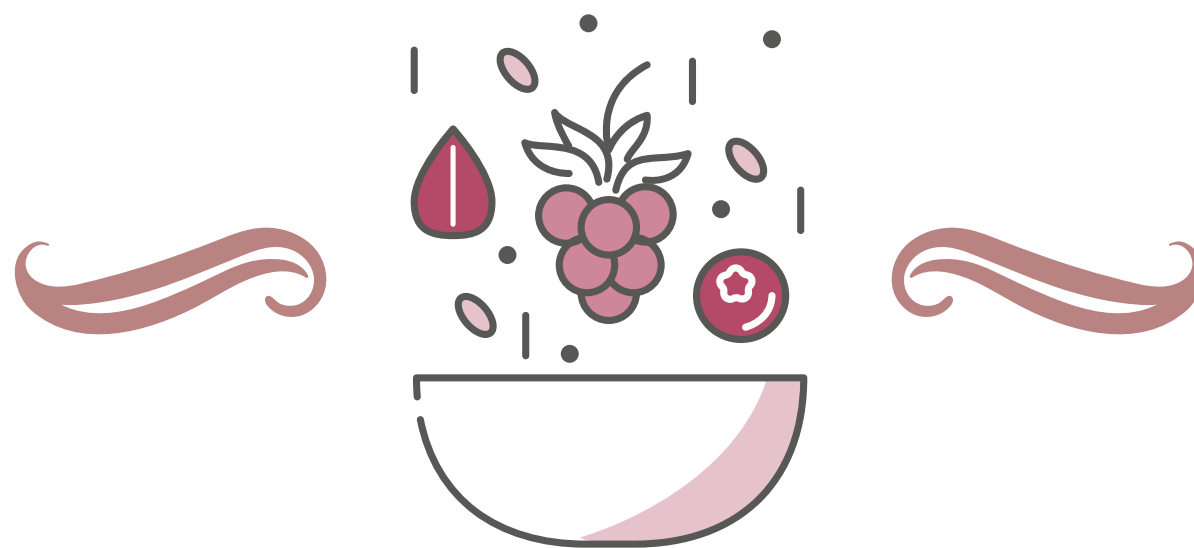
TASTE & GOODNESS

Cranberry
WITH
&

RED BERRY BOWL



THE BERRY COMPANY



RED BERRY BOWL

HAPPY BODY, HAPPY HEART, HAPPY LIFE!

SERVE IN A BREAKFAST BOWL	LIST <i>of</i> INGREDIENTS	
	20ML	THE BERRY COMPANY CRANBERRY JUICE
	1 CUP	FROZEN STRAWBERRIES
	1	BANANA
	1 TSP	FLAX SEEDS
	1 TSP	SOYA MILK
	TOPPINGS	GRANOLA, CACAO FLAKES & DRIED STRAWBERRIES
	Place all of the ingredients in a high speed blender (apart from your toppings). Blend until smooth and creamy. Add more juice if needed. Top the smoothie bowl with your favourite toppings and enjoy	
ENJOY		
REPEAT		

@NATURALLYEVIE FOR THE BERRY COMPANY